

Decision Weigh-In

Slow down a big choice before you make it

Use this for bigger choices — course selection, joining a club, or a tricky social situation. Fill in up to three options you're weighing:

Option	Likely outcome	Who else it affects

One more question:

Which option do I still feel good about a week from now?

Big decision? Talking it through with a counselor or trusted adult never hurts.